

# ROLLED BOWLED



101 Morning Glory Court, Suite F, Lynchburg

[eatrolledorbowed.com](http://eatrolledorbowed.com)

**3 for \$35**

*Your choice of three items (one item from each category) for \$35.*

---

---

## 1. STARTERS

---

---

### **Flavor Flight Wings**

*Traditional bone-in wings served in count of 6, 12 or 18 tossed in any of our sauces.*

### **Shrimp Skewers**

*Two (2) skewers stacked with Cajun seasoned shrimp, grilled & finished with garlic butter.  
Served with chipotle mayo & fresh lemon.*

---

---

## 2. MAIN COURSE

---

---

### **The OG Bowl**

*Hibachi style bowl, with fried rice, carrots, onions, zucchini, yum-yum drizzle and your choice of protein.*

### **The Main Event**

*Classic American burger, mayo, lettuce, tomato, onion, American cheese and pickle. Served with fries or chips.*

### **Smooth Operator**

*Creamy Alfredo bowl with penne pasta, classic Cajun or Caribbean jerk style, topped with Parmesan and your choice of protein.*

---

---

## 3. FINISHERS

---

---

**Lava Cake**

**Ice Cream**



**lynchburg**  
**RESTAURANT**  
WEEK

**2026**

[LynchburgRestaurantWeek.com](http://LynchburgRestaurantWeek.com)