



Benjamins

GREAT COWS & CRABS

14900 Forest Road, Forest
(434) 534-6077 | www.cowsandcrabs.com

3 for \$29

Three items (one item from each category) for \$29

1. STARTERS

Cup of Soup Du Jour or Caesar Salad

Flash Fried Calamari

Served with House Cocktail Sauce.

**Glass of House Chardonnay,
Cabernet, Merlot, or Rose**

'Red Neck' Nachos Ya'll!

*House Chips, Slow Smoked Pulled Pork BBQ,
Smoked Gouda, Chipotle Ranch & BBQ Sauce,
Scallions, Jalapenos & Tobacco Onions.*

2. MAIN COURSE

Sante Fe Chicken Pasta

*Flame Roasted Corn & Black Beans,
Cajun Chicken, Crispy Tortillas,
Gouda Cream Sauce, Garlic Bread.*

Fish-n-Chips

*Beer Battered Catfish,
Tavern Fries, Slaw, Tartar.*

Honey Garlic Glazed Smoked Pork Chops

*Served with Mashed Potatoes
and Duck Fat Braised Collards.*

3. FINISHERS

Mama Sue's Creme Brulee

Mama Sue's Raspberry Brownie Sundae

Served with Whipped Cream & Chocolate Sauce.



Lynchburg
RESTAURANT
WEEK

LynchburgRestaurantWeek.com